

# OAS 2011 AUG. NEWSLETTER

**Dr. Welch will be our Aug speaker.**

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**He is just back from the yearly AAV meeting,**

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**Assoc. of Avian Veterinarians**

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**Q and A period will follow**

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**NEXT MEETING: AUG. 28, 2011** The OAS meeting begins with a social time and set up time at **1:30 pm, the fourth Sunday of each month.** The **business portion of the meeting begins at 2p.m..** Our meetings are held in the Hardesty South Regional Library which is located off memorial behind the car dealership at 8316 East 93rd Street

# The Oklahoma Avicultural Society is a proud member of the American Federation of Aviculture

The Oklahoma Avicultural Society News is published monthly by the Oklahoma Avicultural Society, a non-profit organization, and sent to all members. Information contained in messages, letters, articles and/or advertisements in all OAS publications reflects the opinions of the authors and not necessarily those of this organization. The Oklahoma Avicultural Society and its officers cannot be held responsible for events or actions related to the use or misuse of material contained in any paper or electronic publication generated as a service of this organization. Written permission must be obtained from authors of any "all rights reserved" materials. All other materials may be reprinted provided credit is given to OAS and the author.

## Club Objectives

- A. To promote quality of birds along sound avicultural lines.
- B. To monitor legislative activity that might threaten, endanger, or otherwise affect the Avicultural community.
- C. To obtain and distribute information by educational speakers, exhibits, and general fellowship necessary to complement the keeping, raising and breeding of caged birds.
- D. To support and assist other organizations with similar goals or interests, whether state, national or international.

## Submissions

All members of OAS may submit materials or ideas for this newsletter. **Volunteers, writers, reporters and people with editorial ideas are encouraged to participate.** Original material or reprinted articles will be accepted, but must have copyrighted release or permission to reprint, including author or contact person, with submission. All submissions must be received by the editor by the **10<sup>th</sup> of the month of publication.**

### Submit Newsletter Information To:

Alena Jo Gleason, Editor – djglee@totalcsi.com Phone: 918-275-4605

Mail to: Oklahoma Avicultural Society

P.O. Box 580155, Tulsa, OK 74158-0155

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**Membership Dues** includes newsletter subscription. (Prorated for New Only)

Individual - \$20.00/year \* Student - \$15.00 \* Couple - \$30.00/year \* Lifetime - \$250

**Meetings** begin at 1:30 p.m. on the **FOURTH** Sunday of every month (except December and at times in May) at the Hardesty South Regional Library, 8316 East 93<sup>rd</sup> Street, Tulsa. Any meeting changes will be published in the newsletter and online on the Forum pages.

## OAS OFFICERS – 2010

|                             |             |                  |                |  |
|-----------------------------|-------------|------------------|----------------|--|
| <b>President</b>            | (2010-2011) | Jim Geurin       | (918) 451-9046 | <a href="mailto:jim.geurin@kktarchitects.com">jim.geurin@kktarchitects.com</a> |
| <b>1<sup>st</sup> V. P.</b> | (2011-2012) | Alena Jo Gleason | (918) 275-4605 | <a href="mailto:djglee@totalcsi.com">djglee@totalcsi.com</a>                   |
| <b>2<sup>nd</sup> V.P.</b>  | (2011-2012) | Debra Rivers     | (918) 828-3402 | <a href="mailto:OK1Saddlebabe@aol.com">OK1Saddlebabe@aol.com</a>               |
| <b>Treasurer</b>            | (2010-2011) | Debbie Davis     | (918) 252-1781 | <a href="mailto:sirian@cox.net">sirian@cox.net</a>                             |
| <b>Secretary</b>            | (2010-2011) | Karen O'Brien    | (918) 798-8908 | <a href="mailto:kjocps@cox.net">kjocps@cox.net</a>                             |

## Board. Members at Large

|             |               |                |  |
|-------------|---------------|----------------|--|
| (2012-2014) | None          |                |  |
| (2011-2012) | Robert Morgan | (580) 310-0864 | <a href="mailto:25birdz@wildblue.net">25birdz@wildblue.net</a> |

**Public Relations. Comm.** Mary Hill (918) 437-3343 [keeper@deshanekennels.com](mailto:keeper@deshanekennels.com)

**Library Comm.** Donna Dozier (918) 245-6226 [dozier-munn@sbcglobal.net](mailto:dozier-munn@sbcglobal.net)

**Membership Comm.** Debbie Davis (918) 252-1781 [sirian@cox.net](mailto:sirian@cox.net)

**Bird Fair Comm** Jim Geurin (918) 451-9046 [jim.geurin@kktarchitects.com](mailto:jim.geurin@kktarchitects.com) **AF A**

**DELEGATE** Debbie Davis (918) 252-1781 [sirian@cox.net](mailto:sirian@cox.net)

Debra Rivers (918) 828-3402 [OK1Saddlebabe@aol.com](mailto:OK1Saddlebabe@aol.com)

**Refreshment Comm** Kathleen Jones (918) 855-5170 [birdlady1951@hotmail.com](mailto:birdlady1951@hotmail.com)



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## MISS POLLY'S COOKING CORNER

Quinoa (pronounced "keen-nwa") is a South American grain that is high in protein, calcium, and phosphorous. Probably the most nutritious grain in the world, it is an excellent food for parrots, either sprouted and served raw, or cooked, as in this recipe. It is available in most health food stores as a bulk grain.

1 cup quinoa  
2-3 cups water  
Corn kernels  
Chopped carrots  
Raisins and/or dried apples (unsulphured, found in health food stores)  
Cinnamon stick

Boil 2 cups of water, add quinoa. Cook for 10 minutes, then add veggies and dried fruit. Cook another 5 minutes or until the quinoa grain is clearish and has a tiny tail sprouting from it. You may have to add a little more water if it gets too dry too quickly. Let cool. Serve. You can put almost any veggies or fruits in this recipe.

This recipe comes from the kitchen of [The Birds & the Beads](#). Lovebirds adore this grain and even the most stubborn eaters will be tempted! Add a star of anise at the end of cooking to further entice them.

## **Minutes of General Meeting – July 24, 2011**

The air conditioning system at the Hardesty Library malfunctioned, and the library was closed at 2:00. Therefore, there was no General Membership Meeting.

Our speaker, Yvonne Patterson with Wings of Love, had to turn around and go back home without presenting. We will attempt to schedule her in early 2012. Hopefully those people who came to see the show will come back again.

Respectfully Submitted,

Karen O'Brien, Secretary

## **Minutes of OAS Board Meeting – August 9, 2011**

Because of the heat and scheduling, the August Board meeting was conducted one week later than usual. Held at Hardesty Library, beginning at 7:00 p.m., Board members present included: President Jim Geurin, Treasurer Debbie Davis, Secretary Karen O'Brien, 1<sup>st</sup> VP Alena Jo Gleason, Member-at-Large Robert Morgan and Refreshment Chair Kathleen Jones.

The Treasurer's report and the minutes from the July Board Meeting were approved.

Vendor contracts for the Fall Bird Fair are coming in steadily, with 22 vendors renting 48 tables as of 8/8/11. Raffle items for the Club table, which have traditionally been a large cage and/or playstand, were discussed. Since the Club has had to pay for the cages to be raffled at the last few fairs, and since there has not be an offsetting sales of tickets, it was decided that we would not buy another cage again for the Indian Summer fair. Rather we will purchase another item such as the Kindle, which did very well in sales over and above the cost to purchase. In the past, playstands have been donated by vendors, and if available, will again be promoted from the club table.

We need as many volunteers as possible to cover the full day of the fair. The Board members have traditionally carried the main burden to put on this very successful activity, and we could use some help. Plan to come to the August meeting on Sunday, 8/28 to let us know when and where you would like to help. The incentive—free admission and a chance to get to know your fellow members a little better.

There are 4 new DVDs in the club library. See the list elsewhere in the newsletter.

Robert had the opportunity to work with the Chickasaw Arts & Humanities camp at East Central University in July. He and his parrots were well received.

During the coordination of the Wings of Love show, which unfortunately was cancelled when Hardesty Library was closed due to A/C malfunction, it was suggested that our group might want to offer some type of activity to the Children's program at Hardesty and/or other Tulsa City-County libraries. Robert volunteered to make a presentation with at least 3 days notice. If there are other members who feel comfortable bringing their birds to show during such an event, please let a Board member know so it can be coordinated with the library Program Manager.

And with regard to the Wings of Love show, it was suggested that we attempt to bring Yvonne and her birds back in the spring, maybe April or May. There were many people who came to see her show who were not familiar with OAS, and we hope we can get that good a crowd in the future. We will keep the membership informed.

The Board meeting adjourned at 8:20 p.m.

Respectfully submitted,  
Karen O'Brien, Secretary

# OAS DVD LIBRARY

## LIBRARY RULES:

1. Limit of one (1) item may be checked out at a time by current members. (Please bring your O.A.S. membership card with you when checking out materials.)
2. Materials may only be checked out for one month and must be returned at the next club meeting. Fines are \$1.00 per month when overdue, with a maximum of \$5.00 fine. In addition, if any borrowed item is not returned or is damaged, the borrower must pay replacement cost to the club.
3. No additional library items can be checked out until previous checked-out materials have been returned to the library and any outstanding fines have been paid.
4. The Borrower must sign the book card, including their phone number, mailing address and e-mail address.
5. All materials returned must be given to the Librarian and are not to be checked out until the Librarian has checked them back into the library.
6. The Library will be open 10 minutes before the meeting is called to order and 10 minutes after the meeting is adjourned at the Librarian's discretion.

## CURRENT OAS DVD LIBRARY

AFA 2007 Proceedings  
AFA 2008 Proceedings  
Attenborough In Paradise  
Australia's Birds & Animals  
Captive Foraging  
EXPERT Companion Bird CARE SERIES: VOLUME I  
EXPERT Companion Bird CARE SERIES: VOLUME I  
EXPERT Companion Bird CARE SERIES: VOLUME II  
GET YOUR BIRD BACK! WHAT TO DO WHEN A PARROT IS LOST  
NATURE HUMMINGBIRDS: MAGIC IN THE AIR  
The Video Guide to Hummingbirds  
PARROTS IN THE LAND OF OZ  
The Wild Parrots of Telegraph Hill/Mark Bittner

## **2011 OAS EVENT CALENDAR**

**JULY 24 Wings of Love: (canceled due to Library AC malfunction)**

**AUGUST 28 Dr. Welch will discuss the latest AVA information**

**SEPTEMBER 10 Indian Summer Bird Fair**

**OCTOBER 23 Rick Jordan – National acclaimed speaker**

**NOVEMBER 20 (3<sup>rd</sup> Sun) Holiday Party “Don’t miss the party, it’s lots of fun”**

**DECEMBER NO PROGRAM SEE YOU NEXT YEAR**

The following two articles are from Articles Factory  
<http://www.articlesfactory.com/search/PARROT+ARTICLES/>

## What Is The Right Parrot For You

Choosing a parrot may pose a tough task given the variety to choose from and each bird varies in color, pattern, characteristic features and their cost.

Some of the parrot species that are hugely popular can be tamed to be your household pet are the Macaw birds, African Grey, Cockatoo birds and Amazon Birds etc.

Certain factors need to be considered before you actually make the purchase.

Buying a parrot should never be an impulsive decision by blindly following your friends or neighbors

Do an extensive research on the internet, read up some books if you can and get all sorts of information on the different types of parrots before proceeding.

Not all parrot breeds are same, and hence each of their needs are different.

So nurturing a parrot would become your full-time duty.

Macaws have dynamically colored feathers and are loved for their energetic behavior.

The Blue and Gold macaws are large in size and would not only require larger cages to accommodate them but also dedicated attention and care.

Greenwing Macaws are comparatively the calmer version of their hyperactive counterparts.

Macaws have a typical age of 20-30 years, and their size ranges between 13-40 inches.

Some of the common variants of Cockatoos are Moluccan, Goffin, Umbrella, Sulfur Crested and Lesser Sulphur Crested to name a few.

However the larger Cockatoos also make a lot of strident noise and are attention-seekers with a frequent tendency to escape from their cages.

If you are looking for a cute and affable parrot then go for a Cockatiel, which is the smallest species of cockatoo birds.

They are adorable creatures and can be an ideal companion for your kids who might get intimidated by louder, noisier and aggressive parrots.

With sizes ranging between 12 to 25 inches, these birds are also highly intelligent and a favorite among parrot lovers.

Those who have asthma or other respiratory problems should avoid Cockatoos as they shed a lot of feather dust.

Amazons are the most independent of the lot and can be on their own if provided with toys and stuffs it can remain engaged with.

They come in different sizes between 10-18 inches varying from one species to another.

The Amazons are cherished for their highly accomplished speaking abilities, their cordial nature and the ability to be stay loyal to their owners.

## CHOOSING A PARROT CON'T

These birds are mostly green in color with additional tinge of color depending on species.

The characteristics of different species might vary a bit from each other.

For example Red-lored Amazons have a calm disposition whereas the male blue-fronted birds tend to show aggressive streaks in their character during mating season.

Once you know some basic information about each of the parrot varieties, you will be able to make an informed decision when buying a parrot for a pet.

Source: [Free Articles](#) from ArticlesFactory

### ABOUT THE AUTHOR

Find out more about the different [parrot species](#) at [petparrotsworld.com](#)

### ARTICLE BY GARY CAINE

#### Take A Parrot And Win A Companion For Life

[Pets Articles](#) | January 26, 2011

One creature that has always amazed me is the pet parrot. From being young I recollect visiting my aunt's and talking to her darling parrot. The parrot was amusing and especially friendly. When my husband died, a great feeling of being alone overwhelmed me. This had led me to spend a lot of time looking at childhood pictures. More so, the ones of when I was a child and visiting my aunt to see her parrot. Whilst looking at the photos, I considered buying a parrot as a pet. Nevertheless, I did not know the first thing about caring for a parrot. My aunt always believed that only time and patience were needed. The Setback was that patience was not my strong point. I was confident though, that with fantastic care a parrot would be on cloud nine with me. It would give me the companionship I desired and fun too. I decided that a visit to the library was in order first.

There were numerous books in the library, all with fantastic, helpful information. It advised buying a big enough cage to allow the parrot to move around well, to spread its wings. I would also need to remember to line the bottom of the cage with newspaper and clean it daily. This wouldn't be a dilemma, I always have the hoover on standby. Additional items I would need to purchase were food and water bowls, a perch and numerous toys.

At times parrots also like to take a wash and I should allow the bird a place to do this. It needed some variety in its diet as well as its claws clipping if they got too long. Vegetables, fruits, nuts and grains are favorite foods of most birds.

The penny dropped, keeping a pet parrot would be intense work. It didn't put me off though as there was also the prospect of teaching it how to talk. Parrots enjoy to talk and hear human voices.

The [pet shop](#) was the next place to visit. A useful assistant said he had just what I wanted, a fine-looking African gray. He offered interesting pointers too, don't clean out the cage using chemicals, just warm water should do. So I bought the cage, toys, food and water bowls, a few more books and of course the parrot.

Dolly is the name of my new parrot and she is such a terrific friend. Straight away, I sensed her warming to me and now we have such a rich bond. Much of the ideas, tips and hints that have been given to me came from the internet. I learned everything from how to feed them to how to keep them cheerful.

[Pet Birds For Sale](#) are an ideal thing to look for, if you could do with a new pet. I once more feel alive and active and it is all because of Dolly

Source: [Free Articles](#) from ArticlesFactory.com

### ABOUT THE AUTHOR

Joyce Stewart is a freelance writer with a passion for pet parrots

## Life with Parrots

by Betty Castleberry

2/26/2007 / *Pets*

My husband and I share our home with three parrots. Our particular flock is made up of two macaws and a Timneh African grey. They each have a distinct personality.

Parrots are not cats or dogs. They are actually much more demanding, although some folks think birds are easy pets. They believe all that's required is to put them in their cages, toss them a few seeds, and they're set for the day. Not so. In fact, quite the opposite is true. Parrots are very intelligent, and can be very trying.

Parrots in general can be quite destructive. In fact, they are feathered buzz saws. They don't understand the difference between your grandmother's antique sideboard and their toys.

Toys, you say? Oh yes, parrots need toys, and a variety of them, to challenge their inquisitive minds. A macaw can make a pile of toothpicks out of a fifty dollar toy in a few hours.

They also need a healthy, varied diet. I've been known to drive eighty miles one way to buy our birds special food. In addition, I buy them fresh produce, and cook them special meals. My husband has looked in the refrigerator more than once, seen something tasty looking, and asked, "Is this for the birds, or for us?"

Our birds eat better than we do, or at least when they choose to actually eat their food and not toss it on the floor. It's not uncommon for me to scrub squashed peas off the kitchen tile. There have been times when they have redecorated my Navajo White walls with a few far-flung raspberries, too. They love nuts, and drop the shells on the floor. In short, birds are messy. By the way, have you ever walked barefoot over a sea of jagged almond shells? I believe I invented a new dance when I did just that.

Let's consider the noise factor. The talking is not a problem, although they seem to want to do that quite loudly while we are trying to watch TV or chat on the phone. They can also belt out a jungle scream that would put Tarzan to shame.

Parrots can bite. Hard. They can draw blood with the best of the vampires. Sometimes they bite just because you have not done something to their satisfaction.

So, given all these negatives, what kind of person in their right mind would choose a parrot as a pet? I carefully use the word "choose", because no one ever truly owns a parrot. But I digress.

Maybe that kind of person would be me. I'm not always in the best mood first thing in the morning. When I uncover the birds for the day, more often than not, I'm greeted with a chorus of cheery hellos. The macaws say, "I love you", and make kissing sounds. The grey can do a convincing rooster crow that is sure to wake almost anyone up. I really hope the neighbors don't call the police and report that we are keeping barnyard animals in town.

Recently, one morning, when I walked through the kitchen wearing my early morning frog-in-a-blender hair do, our oldest macaw said, "Hi pretty!"

That's why I choose parrots.

*Copyright 2006 Betty Castleberry*

*~The author is a retired-early-by-choice RN who lives in Texas with her husband and three parrots. She has a daughter, step daughter, and five grandchildren. She is a published author, and loves to write for the Lord. Email her @*

[doncastleberry@sbcglobal.net](mailto:doncastleberry@sbcglobal.net)

Article Source: <http://www.faithwriters.com>-[CHRISTIAN WRITERS](#)

Ever confused over all the abbreviations used? This may help.

## Abbreviations - Organizations

**AFA** - American Federation of Aviculture  
**APC** - Association for Parrot Conservation  
**CITES** - Convention on the International Trade in Endangered Species  
**EIA** - Environmental Investigation Agency (AR)  
**ESA** or **USESA** - United States Endangered Species Act  
**FWS** - Fish and Wildlife (often a State agency)  
**HSUS** - Humane Society of the United States (AW)  
**ICP** - Interstate Commerce Permit (under the ESA)  
**MBA** - U.S Migratory Bird Act  
**OMA** - Office of Management Authority (under the USFWS)  
**OSA** - Office of the Scientific Authority (under the USFWS)  
**USDA** - U.S. Dept. of Agriculture  
**USFWS** - United States Fish and Wildlife Service  
**WBCA** - Wild Bird Conservation Act of 1992

## Abbreviations - Parrot Species

|   |   |
|---|---|
| <b>B&amp;G</b> - Blue and Gold Macaw      | <b>BC</b> - Blue Crown Conure                     |
| <b>BCMA</b> - Blue Crown Mealy Amazon     | <b>BFA</b> - Blue Front Amazon                    |
| <b>BE2</b> - Bare Eyed Cockatoo           | <b>BP2</b> - Black Palm Cockatoo                  |
| <b>BP2</b> - Black Palm Cockatoo          | <b>C2</b> - Citron Cockatoo                       |
| <b>BSL</b> - Blue Streak Lorry            | <b>BTM</b> - Blue Throated Macaw                  |
| <b>BTC</b> - Brown Throated Conure        | <b>CM</b> - Catalina Macaw                        |
| <b>CAG</b> - Congo African Grey           | <b>E2</b> - Eleanora Cockatoo                     |
| <b>DYH</b> - Double Yellow Head Amazon    | <b>GC</b> - Green Cheeked Conure                  |
| <b>EFP</b> - Edward's Fig Parrot          | <b>GCP</b> - Grey Cheeked Parakeet                |
| <b>G2</b> - Goffins Cockatoo              | <b>GSC</b> - Greater Sulphur Crested Cockatoo     |
| <b>GCC</b> - Gold Capped Conure           | <b>GW</b> - Green Wing Macaw                      |
| <b>GE</b> - Grand Eclectus                | <b>HM</b> - Hahns Macaw                           |
| <b>GSC2</b> - Greater Sulphur-Crested Too | <b>HYM</b> - Hyacinth Macaw                       |
| <b>HH</b> - Hawkheaded Parrot             | <b>Keet</b> - Parakeet                            |
| <b>HMC</b> - Half Moon Conure             | <b>LSC</b> - Lessor Sulphur Crested Cockatoo      |
| <b>IM</b> - Illiger Macaw                 | <b>M2</b> - Moluccan Cockatoo                     |
| <b>LCA</b> - Lilac Crowned Amazon         | <b>MGM</b> - Miligold Macaw                       |
| <b>LSC2</b> - Lesser Sulphur-Crested Too  | <b>MM2</b> - Major Mitchell (Leadbeater) Cockatoo |
| <b>MA</b> - Mealy Amazon                  | <b>MSC</b> - Medium Sulphur Crested Cockatoo      |
| <b>MBC</b> - Maroon Bellied Conure        | <b>PC</b> - Painted Conure                        |
| <b>MGM</b> - Military Macaw               | <b>RLA</b> - Red Lored Amazon                     |
| <b>MRHA</b> - Mexican Red Head Amazon     | <b>RSE</b> - Red Sided Eclectus                   |
| <b>OWA</b> - Orange Winged Amazon         | <b>SBCC</b> - Slender Billed Corella Cockatoo     |
| <b>RB2</b> - Rose Breasted Cockatoo       | <b>SM</b> - Scarlet Macaw                         |
| <b>RM</b> - Ruby Macaw                    | <b>T2</b> - Triton Cockatoo                       |
| <b>RV2</b> - Red Vented Cockatoo          | <b>Tiel</b> - Cockatiel                           |
| <b>SC2</b> - Sulphur-Crested Too          | <b>U2</b> - Umbrella Cockatoo                     |
| <b>SIE</b> - Soloman Island Eclectus      | <b>WFA</b> - White Fronted Amazon                 |
| <b>T2</b> - Triton Cockatoo               | <b>YCM</b> - Yellow Collared Macaw                |
| <b>TAG</b> - Timneh African Grey          |   |
| <b>Too</b> - Cockatoo                     |   |
| <b>VE</b> - Vosmaeri's Eclectus           |   |
| <b>WF</b> - White Faced Cockatiel         |   |
| <b>YNA</b> - Yellow Naped Amazon          |   |

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Carol Cipriano is an Accredited Cruise Counselor with years in the travel business as well as an expert in Caribbean locations. She is also a passionate parrot owner who created the Parrot Lovers Cruise to help save parrots in the wild.

Carol asks you to get passionate about the wild parrots too. We can help save them in their natural habitat.

This cruise is a great way to have fun, see exciting places with excursions customized to the parrot lover and meet new friends with the same interest from all over the world.



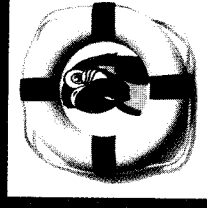
Carols Travel Time  
+1 570-226-2569  
or 570-470-0034

email me at:  
[carolstraveltime@gmail.com](mailto:carolstraveltime@gmail.com)

Check out our website for more information on the 2011 Parrot Lovers Cruise or information on future cruises.

[www.parrotloverscruise.com](http://www.parrotloverscruise.com)

## 2011 Parrot Lovers Cruise



**Carols Travel Time**

*Barleony*

## **Speakers**

This year we have the well-known avian behavior specialist, Dr. Susan Friedman, World Parrot Trusts Joanna Eckles plus the world famous bird trainer, Steve Martin.

**Learn Together  
Explore Together  
Enjoy Together**

**Sailing out of Tampa,  
Florida on the  
Norwegian Star Oct.  
30, 2011 to Nov. 6,  
2011**

**This year we will be going to  
the exotic Western Caribbean.  
Our itinerary includes:**

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Roatan  
Belize  
Costa Maya  
Cozumel  
Day at Sea  
Tampa**



*picture of Hyacinth Macaws for decorative purposes only*

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Tour of Steve Martin's Natural Encounters in Florida. See dozens of birds and learn about the training techniques of the world-famous Steve Martin and team. Snacks included.

Tour and presentation at the Belize Bird Rescue complete with catered lunch. See how the rescue works in releasing amazon parrots back into the wild. Birds on premises for us to see.



*picture of Blue-throated Macaw for decorative purposes only*